

## Panel Discussion to Address Managing a Healthy Lifestyle

*"Behind The Headlines: Maintaining your Health and Managing the Cost" targeted to 60 + age group*

Atlanta (Vocus) - Have you ever wondered how you will maintain a healthy lifestyle and have your health care and long-term care needs met? What do you do about financial costs associated with you and your spouse's future? Who do you turn to, as you get older to talk about these issues? A distinguished panel of health experts will discuss these questions and more at the Atlanta History Center from 2 p.m. to 4 p.m. on May 18, 2009. The discussion, "Behind the Headlines: Maintaining your Health and Managing the Cost," will address health care policies and trends, maintaining well being, health risks and other topics of interest to the 60+ age group.

Discussion members include Ruthann Lacey, one of only five Certified Elder Law Attorneys in Georgia; Dr. Margaret White, Medical Director at Park Springs CCRC in Stone Mountain; Bill Benson, a former specialist in aging and health policy and current host of First Person, a weekly live interview program at the U.S. Holocaust Memorial Museum in Washington, D.C. and Nancy Morrison, Program Director for Sixty Plus Older Adult Services at Piedmont Hospital. Joan Carlson, Vice President of Quality Innovation and Culture for Isakson Living, will moderate the discussion.

Hosted by [Peachtree Hills Place](#), a residential community offering a continuum of care in Buckhead for people ages 55 and older, the event is the third and final installment in a three-part series addressing issues that directly affect this demographic. Attendance is free, but registration is required for the panel discussion, which will be held in the Woodruff Auditorium of the Atlanta History Center at 130 West Paces Ferry Road, April 18, 2009, from 2 p.m. to 4 p.m. For more information or to register, visit [www.peachtreehillsplace.com](http://www.peachtreehillsplace.com) or call 404-467-4900.

"Health care and long-term care should be easier as we age, not more difficult," said E. Andrew (Andy) Isakson, managing partner of Isakson Living, developer of Peachtree Hills Place. "It also should not require continual compromises in your lifestyle. Our intention is for this panel to help raise topics that will ultimately help our attendees reach their dream retirement."

Peachtree Hills Place is a residential community for people ages 55 and older seeking to live a secure, independent lifestyle with easy access to a continuum of healthcare. Peachtree Hills Place is being developed on the 23.3-acre site at the intersection of Peachtree Hills Avenue and Virginia Place, in the heart of south Buckhead, near Atlanta's best shopping, dining and cultural outlets. The new, \$200 million community will include 274 independent residences, 36 skilled nursing and memory care suites, a clubhouse, fitness center, and greenhouse. Peachtree Hills Place will address the total wellness of its members, with programs and facilities in place to help members blend a satisfying life through Physical, Psychological, Social, Spiritual, Intellectual and Occupational components. When health status changes, members will have access to an on-site health center. Life Care Services, LLC, a leading management company of senior communities in the nation, will oversee management and administration of Peachtree Hills Place.

[Isakson Living](#) is Atlanta's leading developer of residential communities offering a continuum of care for adult's ages 55 and older. Isakson Living upholds a personal and professional commitment to empowering members

through groundbreaking wellness opportunities, concierge medicine and hands-on involvement in their communities. Isakson Living has won multiple awards for its flagship community, [Park Springs](#) in Stone Mountain, Ga., and Peachtree Hills Place in Atlanta, currently in development. For more information on Isakson Living, visit [www.isaksonliving.com](http://www.isaksonliving.com) or call 770-559-4829.

###

**Contact Information****Mike Rieman**

M Relevance

770-383-3360-26

**Online Web 2.0 Version**You can read the online version of this press release [here](#).**PRWebPodcast Available**[Listen to Podcast MP3](#) [Listen to Podcast iTunes](#) [Listen to Podcast OGG](#)